



keeping tabs on your medicines

## Supporting care in the community

How we can help make managing medicines **safe, simple** and **stress-free**



Designed & developed by us, exclusively for you

Unicarepharmacy 

**DocMorris**  
PHARMACY

MyMed is proudly supported by:

**Age Action**  
IRELAND  
Be. All. Done. Proud.

**THE CARERS ASSOCIATION**  
Support for you

**ASH**  
Comfort Keepers,  
HOME CARE



keeping tabs on your medicines

Do you or someone you care for need help managing medicines? Then speak to us about MyMed.



MyMed helps you make sure the **right** medication is taken at the **right** time, **every** time.

Your medicine is dispensed into handy weekly packs, where each of your tablets is in a separate compartment depending on the time of day you need to take it. Simply peel the seal, and the work is done.

#### Do you:

- Take a lot of medicines?
- Worry about missing a dose?
- Care for someone who takes multiple medicines?
- Find it difficult bringing your medicines on holiday?

The MyMed weekly dosage system is unique to Unicarepharmacy and DocMorris Pharmacy and has been designed by us in consultation with Age Action, Comfort Keepers and the Carers Association.

This service is available to all our patients. Ask your pharmacist or doctor about having your medicines delivered in a MyMed weekly dosage pack.

## Personal Information Pack (PIP)

Available at all Unicarepharmacy and DocMorris Pharmacies, a PIP provides you with a means of storing important personal and medical information in case of an emergency.

Your PIP should be completed with all relevant information and stored in your fridge at home. You will also receive a PIP keyring and sticker for your home so emergency personnel can identify you as having a pack.

**Age Action**  
**IRELAND**

PIPs cost just €2 and all proceeds go to Age Action Ireland.



## Have you questions about your medicines?

Please contact your local Unicarepharmacy or DocMorris Pharmacy and ask to speak to a pharmacist.

They will be happy to answer any questions about your health or your medicines.

Our pharmacists are available by phone or in person 7 days a week\*. Their time and advice is free.

\*contacting your local pharmacy for opening hours.



## Free prescription delivery service

Selected pharmacies offer our customers a free collection and delivery service. Your prescription can be collected from your home or your local surgery, then delivered to you - all free of charge.

Contact your local Unicarepharmacy or DocMorris Pharmacy for details of what delivery options they have available.

---

## We are proud to work with Comfort Keepers Ireland



**Comfort Keepers.**  
HOME CARE



[www.comfortkeepers.ie](http://www.comfortkeepers.ie)

**1850 818 100**

Comfort Keepers is a family owned Care Service that helps people live independent dignified lives in the comfort of their own homes. All of their carers are rigorously background checked, receive comprehensive training and are supported by a 24 hour team.

Comfort Keepers' mission is to care for people as they would a member of their own family, which is why they are the first Home Care Service to be awarded the Quality Mark.

---

Your local Unicarepharmacy/DocMorris Pharmacy